

# Network Model with Application to Allergy Diseases

Konrad Furmańczyk<sup>1,5</sup>[0000–0002–7683–4787],  
Wojciech Niemirowicz<sup>2,3</sup>[0000–0002–7076–8838],  
Mariola Chrzanowska<sup>4,5</sup>[0000–0002–8743–7437], and  
Marta Zalewska<sup>5</sup>[0000–0002–8163–961X]

- <sup>1</sup> Institute of Information Technology, Warsaw University of Life Sciences, Warsaw, Poland [konrad\\_furmanczyk@sggw.edu.pl](mailto:konrad_furmanczyk@sggw.edu.pl)  
<sup>2</sup> Faculty of Mathematics, Informatics and Mechanics University of Warsaw, Poland  
<sup>3</sup> Faculty of Mathematics and Computer Science, Nicolaus Copernicus University, Poland [wniemirowicz@gmail.com](mailto:wniemirowicz@gmail.com)  
<sup>4</sup> Institute of Economics and Finance, Warsaw University of Life Sciences, Poland [mariola\\_chrzanowska@sggw.edu.pl](mailto:mariola_chrzanowska@sggw.edu.pl)  
<sup>5</sup> Department of Prevention of Environmental Hazards, Allergology and Immunology, Medical University of Warsaw, Poland [marta.zalewska@wum.edu.pl](mailto:marta.zalewska@wum.edu.pl)

**Abstract.** We propose a new graphical model to describe the comorbidity of allergic diseases. We present our model in two versions. First, we introduce a generative model that reflects the variables' causal relationships. Then, we propose an approximation of the generative model by a misspecified model, which is computationally more efficient and easily interpretable. In both versions of our model, we consider typical allergic disease symptoms and covariates. We consider two directed acyclic graphs (DAGs). The first one describes information about the coexistence of certain allergic diseases (binary variables). The second graph describes the relationships between particular symptoms and the occurrence of these diseases. In the generative model, the edges lead from diseases to symptoms, corresponding to causal relations. In the misspecified model, we reverse the direction of edges: they lead from symptoms to diseases. The proposed model is evaluated on a cross-sectional multicentre study in Poland ([www.ecap.pl](http://www.ecap.pl)). An assessment of the stability of the proposed model is obtained using the bootstrap and jackknife techniques. Our results show that the misspecified model is a good approximation of the generative model and helps predict the incidence of allergic diseases.

**Keywords:** Network Model · Bayesian Network · Logistic Regression · Allergy Diseases.

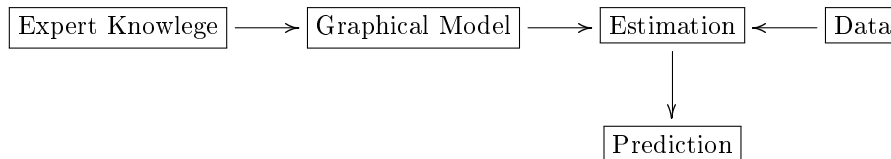
## 1 Introduction

Modelling dependence between different binary variables is an essential statistical task with many applications in medicine, life sciences, economics, and sociology. The basic statistical tools used in such situations are the autologistic (AL)

model [2] and graphical network modelling [15], [1], [4]. General information on graphical models for discrete data can be found in [13] and [12]. The classical AL model [2] has been applied in epidemiology, marketing, agriculture, ecology, forestry, geography, and image analysis [6], [5], [17], [7], [11]. The most common approach to estimation of the model parameters is the pseudo-likelihood [3] method. Zalewska et al. [21] recommended a heuristic estimation method. Recently, Shin et al. [17] invented and applied an AL network model for a disease progression study using pseudo-likelihood to estimate the model parameters.

Our paper proposes a new graphical model that is related to but different from the AL model. We aim to describe the interdependence of allergic diseases in contrast to most studies that do not consider dependences between allergies [9], [20], [8].

We present our model in two versions. First, we introduce a generative model that reflects the variables' causal relationships. Then, we propose an approximation of the generative model by a misspecified model, which is computationally more efficient and easily interpretable. We focus on the misspecified version, which we consider more practical. In both versions of our model, we consider typical allergic disease symptoms, family history of allergic disease, and control variables as covariates. We consider two directed acyclic graphs (DAGs), both based on experts' knowledge. The first one describes information about the coexistence of certain allergic diseases (binary variables). The second graph describes the relationships between particular symptoms and the occurrence of these diseases. In the generative model, the edges lead from diseases to symptoms, corresponding to causal relations. In the misspecified model, we reverse the direction of edges: they lead from symptoms to diseases. This trick significantly reduces computational costs. Our model was naturally divided into separate logistic models for individual allergy diseases. Each logistic regression is estimated by the standard generalized linear model (GLM) procedure. Our general approach is very flexible and can be applied to any dependence model for binary variables. We compare predictions based on two versions of our model. We argue that the misspecified model is a good approximation for the more logically consistent but computationally expensive generative model. The paper is organized as follows. Section 2 introduces the proposed methodology. In Section 3, we apply this methodology to construct a new model of comorbidity of allergic diseases, based on a big epidemiological data set (ECAP) [16]. At the end of this section, we present an evaluation of the proposed model. Section 4 and 5 contain discussion and conclusions. All computations are carried out with the R package ([www.r-project.org](http://www.r-project.org)). Below we provide a graphical user guide illustrating our methodology.



## 2 Hierarchical Logistic Network Models

### 2.1 Generative model

Our proposed model contains four groups of variables. In the first group, we consider a random vector  $\mathbf{Y} = (Y_1, \dots, Y_p)^T$  with binary components. Each of these variables determines presence or absence of a given allergic disease for a patient. In our application we describe  $p$  allergic diseases. Taking into account the known co-occurrence of diseases, the relationships between them are described by a directed graph with the adjacency matrix  $\mathbf{A} = (a_{ki})$  as follows:  $a_{ki} = 1$  if  $Y_i$  is affected by  $Y_k$  and otherwise  $a_{ki} = 0$ .

In the second group, we have a random vector of symptoms of our diseases  $\mathbf{S} = (S_1, \dots, S_m)^T$ . The remaining two groups consist of common factors  $\mathbf{F} = (F_1, \dots, F_l)^T$ , which can affect all considered diseases (for example genetic features) and a vector of additional covariates  $\mathbf{X} = (X_1, \dots, X_r)^T$  such as gender, age, residence of a patient, etc. Symptoms  $S_i$  can be continuous or discrete random variables. It is usually known which symptoms are characteristic for each disease. This knowledge can be represented by a directed graph with adjacency matrix  $\mathbf{B} = (b_{kj})$  such that:  $b_{kj} = 1$  if  $Y_k$  causes  $S_j$  and otherwise  $b_{kj} = 0$ .

The full generative model includes diseases  $\mathbf{Y}$ , symptoms  $\mathbf{S}$ , common factors  $\mathbf{F}$  and additional covariates  $\mathbf{X}$ . This graph has edges among  $\mathbf{Y}, \mathbf{S}$  variables given by matrices  $\mathbf{A}, \mathbf{B}$ , and all edges leading from  $\mathbf{F}, \mathbf{X}$  variables to all components of  $\mathbf{Y}, \mathbf{S}$ . We assume that the graph corresponding to the adjacency matrix  $\mathbf{A}$  is acyclic. Consequently, the whole graph is a directed acyclic graph (DAG). The conditional probability distribution of  $\mathbf{Y}, \mathbf{S}$  is given by

$$P(\mathbf{Y} = \mathbf{y}, \mathbf{S} = \mathbf{s} | \mathbf{F} = \mathbf{f}, \mathbf{X} = \mathbf{x}) = \prod_{i=1}^p P(Y_i = y_i | \mathbf{Y}_{pa}(Y_i), \mathbf{F} = \mathbf{f}, \mathbf{X} = \mathbf{x}) \times \prod_{j=1}^m P(S_j = s_j | \mathbf{Y}_{pa}(S_j), \mathbf{F} = \mathbf{f}, \mathbf{X} = \mathbf{x}), \quad (1)$$

where  $\mathbf{Y}_{pa}(Y_i) = \{Y_k : Y_k \rightarrow Y_i\}$  is a set of diseases which affect the occurrence of disease  $Y_i$ ,  $\mathbf{Y}_{pa}(S_j) = \{Y_k : Y_k \rightarrow S_j\}$  is a set of diseases which cause symptom  $S_j$ . We assume the following parametric form of conditional distributions:

$$\log \frac{P(Y_i = 1 | \mathbf{Y}_{pa}(Y_i), \mathbf{F} = \mathbf{f}, \mathbf{X} = \mathbf{x})}{P(Y_i = 0 | \mathbf{Y}_{pa}(Y_i), \mathbf{F} = \mathbf{f}, \mathbf{X} = \mathbf{x})} = \omega_{0i} + \sum_{k=1}^p a_{ki} \omega_{ki} Y_k + \mathbf{x}^T \alpha_i + \mathbf{f}^T \beta_i, \quad (2)$$

$$\log \frac{P(S_j = 1 | \mathbf{Y}_{pa}(S_j), \mathbf{F} = \mathbf{f}, \mathbf{X} = \mathbf{x})}{P(S_j = 0 | \mathbf{Y}_{pa}(S_j), \mathbf{F} = \mathbf{f}, \mathbf{X} = \mathbf{x})} = \gamma_{0j} + \sum_{k=1}^p b_{kj} \gamma_{kj} Y_k + \mathbf{x}^T \delta_j + \mathbf{f}^T \epsilon_j. \quad (3)$$

We thus have the following model parameters:  $\omega_{0i} \in R, \omega_{ki} \in R, \alpha_i \in R^r, \beta_i \in R^l, \gamma_{0j} \in R, \gamma_{kj} \in R, \delta_j \in R^r, \epsilon_j \in R^l$ . Since the conditional probability (1) consists of the product of  $p + m$  probabilities, the parameters of each factor can

be estimated separately by a standard logistic regression procedure. To improve prediction accuracy we also applied weighted logistic regression. However, the results obtained by both methods were almost identical (Supplement [19]: C3-C4).

## 2.2 Misspecified model

Unfortunately, the model presented in the previous subsection is computationally demanding, and its parameters are difficult to interpret. We propose using another, misspecified model that does not reflect causal relations between variables but is computationally more accessible for a big network and has parameters with simple, intuitive meaning. We change the direction of edges joining symptoms and diseases. Entries of adjacency matrix  $\mathbf{B}$  will now be interpreted as follows:  $b_{ij} = 1$  indicates the presence of arrow  $Y_i \leftarrow S_j$ . We assume that the remaining edges of the graph are the same as in the generative model. In the misspecified model, equation (1) is replaced by equation (4), and equations (2)-(3) are replaced by equation (5) as follows:

$$P(\mathbf{Y} = \mathbf{y} | \mathbf{S}, \mathbf{F}, \mathbf{X}) = \prod_{i=1}^p P(Y_i = y_i | \mathbf{Y}_{pa}(Y_i), \mathbf{S}_{pa}(Y_i), \mathbf{F}, \mathbf{X}), \quad (4)$$

where  $\mathbf{S}_{pa}(Y_i) = \{S_j : Y_i \leftarrow S_j\}$  is a set of symptoms related to occurrence of disease  $Y_i$ . Similarly as in generative model, we assume a log-linear form of conditional distributions. To simplify notation, we use the same symbols for the parameters for both models.

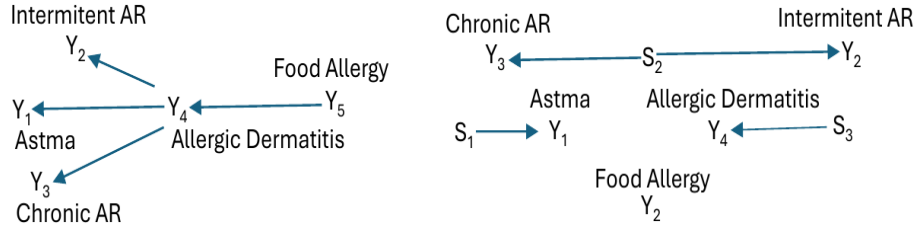
$$\begin{aligned} \log \frac{P(Y_i = 1 | \mathbf{Y}_{pa}(Y_i), \mathbf{S}_{pa}(Y_i), \mathbf{F} = \mathbf{f}, \mathbf{X} = \mathbf{x})}{P(Y_i = 0 | \mathbf{Y}_{pa}(Y_i), \mathbf{S}_{pa}(Y_i), \mathbf{F} = \mathbf{f}, \mathbf{X} = \mathbf{x})} &= \omega_{0i} + \sum_{k=1}^p a_{ki} \omega_{ki} Y_k \\ &+ \sum_{j=1}^m b_{ij} \gamma_{ij} S_j + \mathbf{x}^T \alpha_i + \mathbf{f}^T \beta_i. \end{aligned} \quad (5)$$

## 3 Application to Modelling Allergic Diseases

In this section we apply the proposed approach to investigate the prevalence of allergic diseases and their interdependences. Our model is based on a big epidemiological study in Poland (ECAP) [16]. More details can be found in the Supplement [18]-Section A.

### 3.1 The structure of the model

The first group of variables consists of 5 selected allergic diseases  $Y_1, Y_2, Y_3, Y_4, Y_5$ . The left panel of Figure 1 illustrates the dependences between them, based on the literature and on discussions with medical doctors [10], [14]. The second group



**Fig. 1.** The Graphs with adjacency matrices **A**, **B**

of variables consists of typical symptoms of those diseases:  $S_1, S_2, S_3$ . Additionally we consider history of allergy diseases in the family:  $F_1, F_2, F_3, F_4, F_5$ . The right panel of Figure 1 shows dependences between allergic diseases and their symptoms. The direction of arrows in Figure 1 lead from symptoms to diseases which corresponds to the misspecified model. In the last group of variables, we consider control covariates:  $X_1, X_2, X_3, X_4$  (they describe age, gender, residence of patients). More detailed description of all the variables can be found in the Supplement [18]-Section B).

### 3.2 Generative and misspecified models of allergy diseases

We recall the generative model in which diseases cause symptoms. Taking into account the structure of the graph with adjacency matrices **A**, **B**, we see that, conditionally on covariates **F** and **X**, the conditional distribution of **Y** given symptoms **S** has the form

$$P(Y_1|Y_2, Y_3, Y_4)P(Y_2|Y_4)P(Y_3|Y_4)P(Y_4|Y_5)P(Y_5)P(S_1|Y_1)P(S_2|Y_2, Y_3)P(S_3|Y_4).$$

(We omitted **F** and **X** in this formula).

Now we turn to the misspecified model. Conditionally on covariates **F** and **X**, the joint probability  $P(\mathbf{Y}, \mathbf{S})$  is determined as:

$$P(\mathbf{Y}|\mathbf{S}) = P(Y_1|Y_2, Y_3, Y_4, S_1)P(Y_2|Y_4, S_2)P(Y_3|Y_4, S_2)P(Y_4|Y_5, S_3)P(Y_5).$$

We now formulate specific equations restricting attention to the misspecified model only. We assume the logistic form of the conditional probabilities (formulas (4)-(5)). We estimate each of them separately using standard R function 'glm'. The subsequent equations concern the logits for asthma  $Y_1$ , intermittent allergic rhinitis  $Y_2$ , chronic allergic rhinitis  $Y_3$ , allergic dermatitis  $Y_4$ . The equations are:

$$\text{logit}_1 = \omega_{01} + \sum_{j=1}^4 \alpha_{j1} X_j + \sum_{j=1}^5 \beta_{j1} F_j + \gamma_{11} S_1 + \sum_{j=2}^4 \omega_{j1} Y_j.$$

$$\text{logit}_2 = \omega_{02} + \sum_{j=1}^4 \alpha_{j2} X_j + \sum_{j=1}^5 \beta_{j2} F_j + \gamma_{22} S_2 + \omega_{42} Y_4.$$

$$\text{logit}_3 = \omega_{03} + \sum_{j=1}^4 \alpha_{j3} X_j + \sum_{j=1}^5 \beta_{j3} F_j + \gamma_{32} S_2 + \omega_{43} Y_4.$$

$$\text{logit}_4 = \omega_{04} + \sum_{j=1}^4 \alpha_{j4} X_j + \sum_{j=1}^5 \beta_{j4} F_j + \gamma_{43} S_3 + \omega_{54} Y_5.$$

### 3.3 Comparison of two versions of our model

We compute the 'diagnostic' probabilities of diseases given symptoms for the generative and the misspecified model. It is worth noting that in the case of a large network, it would not be possible to calculate  $P(\mathbf{Y}|\mathbf{S}, \mathbf{F}, \mathbf{X})$  or  $P(Y_i|\mathbf{S}, \mathbf{F}, \mathbf{X})$  exactly in the generative model. In this situation, the misspecified model has an advantage over the generative model. The two models can be compared in the case of a small network as that considered here.

We consider five scenarios (different values of of covariates  $\mathbf{X}, \mathbf{F}$ , symptoms  $\mathbf{S}$  and coexistent diseases  $Y_i$ ). Let  $p_1 = P(Y_1 = 1|Y_2 = 0, Y_3 = 0, Y_4 = 0, S_1)$ ,  $q_1 = P(Y_1 = 1|Y_2 = 1, Y_3 = 1, Y_4 = 1, S_1)$ ,  $p_2 = P(Y_2 = 1|Y_4 = 0, S_2)$ ,  $q_2 = P(Y_2 = 1|Y_4 = 1, S_2)$ ,  $p_3 = P(Y_3 = 1|Y_4 = 0, S_2)$ ,  $q_3 = P(Y_3 = 1|Y_4 = 1, S_2)$ ,  $p_4 = P(Y_4 = 1|Y_5 = 0, S_3)$ ,  $q_4 = P(Y_4 = 1|Y_5 = 1, S_3)$ . The results for the first two scenarios are presented in Tables 1 (all 5 scenarios are given in the Supplement [18]-Section C). The difference between the two models obtained is negligible.

**Table 1.** Comparison between the generative model and misspecified model

Scenario	Model	$p_1$	$p_2$	$p_3$	$p_4$	$q_1$	$q_2$	$q_3$	$q_4$
1	generative	0.021	0.081	0.077	0.024	0.597	0.104	0.134	0.024
	misspecified	0.023	0.085	0.080	0.015	0.566	0.097	0.125	0.044
2	generative	0.103	0.282	0.322	0.208	0.886	0.326	0.461	0.524
	misspecified	0.088	0.270	0.307	0.081	0.842	0.299	0.421	0.216

### 3.4 Estimation of parameters and evaluation of the model

We report the estimated coefficients of logistic regression, their standard errors, the odds ratios with confidence intervals (CI) in the Supplement [18]-Section C. The accuracy of estimators and robustness of our model is evaluated using the bootstrap and jackknife techniques. The dataset is divided into a learning and testing sample to assess if the proposed model is adequate. The ROC curve and average AUC on the testing sample are determined from 20 repetitions. Table 2 shows the AUC values for the averaged AUC values for bootstrap and jackknife. The ROC curves (Fig1-Fig16) are collected in the Supplement [18]-Section D as well as interpretation of the results from the medical point of view. Our results show good stability of the model.

**Table 2.** AUC for each logit

$logit_i$	$i = 1$	$i = 2$	$i = 3$	$i = 4$
bootstrap	0.8470	0.6986	0.7201	0.7931
jackknife	0.8165	0.6857	0.7215	0.7921

## 4 Discussion

Previous studies of multimorbidity in allergy [9], [20], [8], [14], [10] were based on fitting of single logistic models that did not take into account the correlations between the studied diseases. Our graphical model uses two DAGs to describe such dependences. The proposed model can be used in studies of associations of other diseases and, in general, in the study of correlations in complex systems.

## 5 Conclusions

Both versions of our model (generative and misspecified) produced similar results. The latter is computationally more efficient and easily interpretable. Evaluation of the model using bootstrap and jackknife techniques yielded average AUCs ranging from 0.67 to 0.84 (Table 2), indicating relatively high stability of the results. Both bootstrap and jackknife methods could be used to construct confidence intervals for the model parameters and classification metrics. Our model can help predict the incidence of allergic diseases and will allow for a better understanding of the complex co-occurrence of these diseases. It also sheds light on the impact of such covariates as gender, age, family history, etc. on allergic diseases. The proposed model can be easily extended by adding other potential factors influencing the occurrence of the diseases. Due to the nature of our task, we considered the low-dimensional case where the number of observations  $n$  is greater than the number of features  $p$ . Naturally, the proposed approach can be generalized to the high-dimensional case  $p > n$  by adding the Lasso [19] or Ridge penalty for log-likelihood for each logit model separately. This will be the topic of further research.

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